



Unit 3 Ash, Kembrey Park, Swindon, Wiltshire, SN2 8UN

## The need for training

Figures collected from 1996 – 2008 show that almost every year, the most common cause of fatal injuries was falling from a height. This was followed by transport accidents (which include being hit by a vehicle or falling from a vehicle.)

However, hundreds of people also died after being struck by a moving or falling object or being trapped by something falling or collapsing.

The type of vehicles involved in injury accidents over this 12-year period included cars, trucks and vans – but the highest level of injuries was related to **lift truck accidents**.



There is an average of 1,500 accidents involving lift trucks every year – and research suggests that a high percentage of these are due to lack of training for lift truck drivers or poor maintenance of the truck.

## Why use Key Performance Training Ltd for your training needs?

At Key Performance Training Ltd, we can offer RTITB accredited operator training and instruction from fully qualified RTITB instructors and examiners who are able to carry out training to the legal requirements of the HEALTH and SAFETY at WORK act 1974 (HaSaW act 1974), The APPROVED CODE of PRACTICE for lift truck training (L117), LIFTING OPERATIONS AND LIFTING EQUIPMENT REGULATIONS (LOLER) and the PROVISION and USE of WORK EQUIPMENT REGULATIONS (PUWER).

This can help reduce the likelihood of accidents and improve the safety of both operators and pedestrians in your workplace.

All of our RTITB lift truck courses are held at our Training Facility in Swindon. If, however you are looking for a course to be delivered 'in house', at your site or offices, then Key Performance Training can cater for this request. Please contact the office for more details.



Phone 01793 975 353  
[www.keyperformancetraining.co.uk](http://www.keyperformancetraining.co.uk)  
Registered No. 1113755





Unit 3 Ash, Kembrey Park, Swindon, Wiltshire, SN2 8UN

## RTITB Counterbalance Lift Truck Refresher Course

Our RTITB counterbalance lift truck refresher course is only available for those operators with documentary evidence of basic training and who wish to renew their certification to use a counterbalance forklift truck.

The course will include theory instruction and assessment followed by practical operator training and assessment which will comply with the standard laid down in accordance with the HSE code of practice L117. This course enables the successful trained operator to continue to use any counterbalance lift truck up to a 5000kg lifting capacity (with authorisation) anywhere in the UK.

The counterbalance lift truck is the most common of lift truck's in use today and are the workhorse of most materials handling operations

### Who Should Attend the Course?

This course is aimed at personnel who are currently formally trained and have RTITB certification or equivalent to operate counterbalance lift trucks up to 5000kg and who wish to refresh and reaffirm their driving skills.



### What Will You Get from The Course?

Successful candidates will gain suitable and sufficient understanding of current relevant legislation, they will also have an opportunity to refresh their understanding and skills in the best practice of the safe use of counterbalance lift trucks up to 5000kgs rated capacity in line with current approved methods and manufacturer's instructions.



Phone 01793 975 353  
[www.keyperformancetraining.co.uk](http://www.keyperformancetraining.co.uk)  
Registered No. 1113755



## The course agenda includes:

- Theory lesson
- Introduction to the lift truck to be used
- Health & Safety at Work act 1974 (HaSaW act)
- Lifting Operations and Lifting Equipment Regulations 1998 (LOLER)
- Provision & Use of Work Equipment Regulations 1998 (PUWER)
- Approved code of practice
- Operator safety and observation
- Pre-use inspection and take over maintenance
- Controls and instruments
- Weight assessment
- Operation of hydraulic controls
- Stacking/de-stacking – load handling skills
- Safety code testing
- Practical test of basic operating skills
- Written test of operating knowledge



## Course Content and Duration

- Course Duration: 1 Day, usually 8:30am to 4:00pm
- Maximum Instructor/Delegate Ratio: 1:3
- Delivery Method: Classroom & Practical Training and Assessment
- Prerequisite: Documentary evidence of previous certification
- Awarding Body: RTITB
- Assessment: Multiple Choice & Written Paper and Practical Skills Assessment

## Testing and Certification

At the end of the course, the candidates will need to complete three tests, which consists of the RTITB theory test, pre-use check and the RTITB practical test of basic operating skills. By the end of the course the successful candidates will have a detailed understanding of vehicle operations and the roles and responsibilities of counterbalance lift truck drivers, including their legal responsibilities and the legislation affecting use.



Successful learners will be sent a RTITB approved certificate and photo ID E-card and will also be registered onto the RTITB National Operators Register Scheme database of approved lift truck operators (NORS) for 3 years.