



Change, Grow, Live Case Study

The Brief

Change, Grow Live are an organisation supporting those people struggling or recovering from addiction issues. They had a participant who was receiving Individual Placement and Support (IPS). His current employment was coming to an end, and he was looking for work, and was happy to learn something new.

He was referred to our funded warehouse and forklift training programme, as we offer people with additional needs the support they need.

The Solution

The participant attended our programme in February 2025 and attended 5 courses with us. He learnt not only essential warehousing skills, but he was also able to create a CV and complete an interview with a job agency.

We were able to support his employment specialist help him into employment, and because they had worked with us before, they knew that we would be able to support him throughout the course appropriately.

This meant that not only the participant achieved his goals, but they did too. The participant was glowing in his praise for the support he received from them and us.

The Results

He completed his training successfully and achieved 5 certificates. He said "I thoroughly enjoyed the training, and that the trainers were very supportive, encouraging, absolutely fantastic, understanding, and patient. As the training was over a few weeks, it was great that everyone got on with each other, and supported each other, learners and trainers. I have now learnt how to do things the correct way. I ended up supporting others and have made some good friends who I have stayed in contact with".

He also welcomed the support and said "No-one was excluded. I have poor eyesight & Dyslexia and was encouraged and supported".

He has now gone on to give up smoking, stayed sober and has joined the gym – he has a new lease of life.

The Customer

Change, Grow, Live are an alcohol and drug advise service, working in the community offering a variety of support to not only those experiencing issues themselves, but also to those around them. Their support is free and confidential, and they offer services such as:

- Crisis helplines, websites and how to access support now, including an online chat facility
- Support cutting down or stopping using alcohol and drugs, as well as quizzes to help you see if you need help
- Family and friends support, including children, for those around addicts
- Personalise support, including recovery workers and employment specialists

Can we help you?

We're helping employers ensure they're compliant with current regulations and we're enhancing the skills of employees and those looking to improve their employment opportunities.

Forklift Trucks

First Aid

Fire Safety

Health & Safety

Manual Handling